

CAREER KICKSTART

PROGRAMME SCHEDULE

5 blocks per week (15 hours total). Each block consists of 3 x 1-hour sessions. Delivered Monday–Friday. Scheduling varies by centre – please refer to the centre page.

Week 1

Block	Session 1	Session 2	Session 3
1	Self-Assessment; Career Awareness	Career Awareness	Career Awareness; Project 1 Introduction
2	Professional Skills	Communication Skills	Project Analysis & Planning
3	Professional Skills	Communication Skills	Project Implementation
4	Communication Skills	Project Feedback & Refinement	Presentation Rehearsals
5	Presentations	Presentations	Feedback; Self- Assessment

Week 2

Block	Session 1	Session 2	Session 3
1	Career Awareness	Career Awareness	Career Awareness; Project 2 Introduction
2	Professional Skills	Communication Skills	Project Analysis & Planning

3	Professional Skills	Communication Skills	Project Implementation
4	Communication Skills	Project Feedback & Refinement	Presentation Rehearsals
5	Presentations	Presentations	Feedback; Self-Assessment